


SEPTEMBER | 2020



Gladstone High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1 Chicken Patty/Bun Green Beans Baked Chips Apple Slices Choice of Milk	2 Mini Corn Dogs Baked French Fries Baked Beans Fruit Snacks Choice of Milk	3 Nacho Supreme Lettuce/Cheese Sour Cream /Salsa Strawberry Cup Choice of Milk	4 No School
7  HAPPY LABOR DAY	8 Baked Chicken Mashed Potatoes/Gravy Steamed Corn Dinner Roll/Butter Apple Slices Choice of Milk	9 Hot Dog/Bun Smiley French Fries Baked Beans Fruit Snacks Choice of Milk	10 Soft Shell Taco's Cheese/Sour Cream Lettuce /Salsa Strawberry Cup Choice of Milk	11 Hot Ham and Cheese Peas/Carrots Applesauce Cup Choice of Milk
14 Double Cheeseburger/Bun Baked Chips Baked Beans SideKick Choice of Milk	15 Chicken Strips Steamed Corn Baked Tater Tots Apple Slices Choice of Milk	16 Lasagna Roll Up With Spaghetti Sauce Breadstick Peas/Carrots Fruit Snacks Choice of Milk	17 Nacho Supreme Lettuce/Cheese Sour Cream /Salsa Strawberry Cup Choice of Milk	18 Asian Chicken Steamed Rice Steamed Broccoli Applesauce Cup Choice of Milk
21 Spaghetti Meat sauce Spaghetti Noodles Steamed Corn Garlic Bread Sidekick Choice of Milk	22 Chicken Patty/Bun Steamed Green Beans Baked Chips Apple Slices Choice of Milk	23 Trio Sub Carrot Sticks Baked Chips Fruit Snacks Choice of Milk	24 Soft Shell Taco's Cheese/Sour Cream Lettuce /Salsa Strawberry Cup Choice of Milk	25 Pizza Calzone Steamed Corn Applesauce Cup Choice of Milk
28 BBQ Rib Sandwich Steamed Corn Baked Chips Sidekicks Choice of Milk	29 Chicken Nuggets Smiley French Fries Steamed Green Beans Apple slices Choice of Milk	30 Mongolian Beef Steamed Rice Steamed Broccoli Fruit Snacks Choice of Milk	1	2

Welcome Back

Alternate Meals:

Sandwich
Cheese Stick
Carrots
Fruit Snack

Chef Salad
Muffin
Fruit Snack

Ala-Carte Choices:

Monday-Bosco Sticks
Tuesday- Hot Pocket
Wednesday- Pizza
Thursday-Chicken Nuggets
Friday- Pizza Stick

