

OCTOBER | 2020

Gladstone High School Breakfast



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	1 Coco Krispy Bar Apple Cinnamon Graham 100% Fruit Punch 1% Milk	2 Hot Breakfast Item Yogurt Cup 1% Milk
5 Lucky Charms Cereal Giant Gold Fish Cracker 100% Fruit Punch 1% Milk	6 Coco Puffs Cereal Cinnamon Goldfish Cracker 100% Fruit Punch 1% Milk	7 Cinnamon Poptart Honey Graham Cracker 100 % Fruit Punch 1% Milk	8 Coco Krispy Bar Apple Cinnamon Graham 100% Fruit Punch 1% Milk	9 No School
12 Lucky Charms Cereal Giant Gold Fish Cracker 100% Fruit Punch 1% Milk	13 Coco Puffs Cereal Cinnamon Goldfish Cracker 100% Fruit Punch 1% Milk	14 Cinnamon Poptart Honey Graham Cracker 100 % Fruit Punch 1% Milk	15 Coco Krispy Bar Apple Cinnamon Graham 100% Fruit Punch 1% Milk	16 Hot Breakfast Item Yogurt Cup 1% Milk
19 Lucky Charms Cereal Giant Gold Fish Cracker 100% Fruit Punch 1% Milk	20 Coco Puffs Cereal Cinnamon Goldfish Cracker 100% Fruit Punch 1% Milk	21 Cinnamon Poptart Honey Graham Cracker 100 % Fruit Punch 1% Milk	22 Coco Krispy Bar Apple Cinnamon Graham 100% Fruit Punch 1% Milk	23 Hot Breakfast Item Yogurt Cup 1% Milk
26 Lucky Charms Cereal Giant Gold Fish Cracker 100% Fruit Punch 1% Milk	27 Coco Puffs Cereal Cinnamon Goldfish Cracker 100% Fruit Punch 1% Milk	28 Cinnamon Poptart Honey Graham Cracker 100 % Fruit Punch 1% Milk	29 Coco Krispy Bar Apple Cinnamon Graham 100% Fruit Punch 1% Milk	30 Hot Item Breakfast Yogurt Cup 1% Milk

News

Fruit Choices:
 Apple
 Orange
 Applesauce Cup
 Strawberry Cup
 Fruit Snack
 Apple Slices
 Yogurt Cup