

OCTOBER | 2020



Gladstone High School Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	1 Mexican Hot Dish Steamed Corn Dinner Roll/Butter Strawberry Cup Choice of Milk	2 Hot Ham & Cheese Sandwich Baked Chips Baked Beans Apple Choice of Milk
5 Pretzel/Cheese Carrot Sticks/Ranch Sherbet Choice of Milk	6 Turkey Gravy Mashed Potatoes Dinner Roll/Butter Peas Applesauce Cup Choice of Milk	7 Chicken Patty/Bun Buttered Noodles Steamed Green Beans Orange Slices Choice of Milk	8 Nacho Supreme Lettuce/Tomatoes Sour Cream/ Salsa Strawberry Cup Choice of Milk	9 No School
12 Double Cheeseburger/Bun Baked French Fries Baked Beans Sidekicks Choice of Milk	13 Spaghetti with Meat Sauce Garlic Bread Steamed Green Beans Applesauce Cup Choice of Milk	14 Braves Bowl With Corn/Shredded Cheese Chicken Gravy Orange Slices Choice of Milk	15 Soft Shell Taco's Lettuce/Cheese Tomatoes/Salsa Sour Cream Strawberry Cup Choice of Milk	16 Chili Hot Dog Baked Chips Onions/Shredded Cheese Apple Choice of Milk
19 Choice of Pizza Lettuce Salad Carrot Sticks/Ranch Sherbet Choice of Milk	20 Tater Tot Hot Dish Dinner Roll /Butter Applesauce Cup Choice of Milk	21 Bacon Chicken Wrap Baked Beans Orange slices Choice of Milk	22 Nacho Supreme Lettuce/Tomatoes Sour Cream/ Salsa Strawberry Cup Choice of Milk	23 BBQ Rib Sandwich Baked Chips Steamed Corn Apple Choice of Milk
26 Grilled Cheese Sandwich Tomato Soup/Crackers Sidekicks Choice of Milk	27 Swedish Meatballs Over Egg Noodles Steamed Green Beans Applesauce Cup Choice of Milk	28 Baked Chicken Baked Potato Cole Slaw Dinner Roll/Butter Orange Slices	29 Chicken Fajita Wrap Steamed Broccoli Strawberry Cup Choice of Milk	30 Trio Sub Baked Chips Baked Beans Apple Crunch Choice of Milk Halloween Cookie

News

Alternate Meals:
Sandwiches
Chef Salad

Ala Carte :
Monday -Bosco Stick
Tuesday –hot Pocket
Wednesday- Pizza
Thursday–Chicken Nugget
Friday – Pizza Stick

